



Camp Trefoil

Troop Core - 2023

Welcome!

Thank you for choosing Camp Trefoil Troop Core this summer! Our staff eagerly await this summer's fun and we look forward to including your troop in all of the excitement of camp, where your Girl Scouts are bound to build courage, confidence, and character. Please read through this packet in its entirety to prepare for your session. If you have any questions at all, please reach out to our Customer Care team. See you at camp!

Camp Trefoil

168 Rose Road
Harrisville, NY 13648

Customer Care:

info@gsnypenn.org
315.698.9400

Camp Phone:

315.543.2704 (only monitored
while camp is in session)

Camp Director:

Betheny "Smalls" Jennings
bjennings@gsnypenn.org

Keep up with us on Facebook:

[https://www.facebook.com/
camptrefoilgs](https://www.facebook.com/camptrefoilgs)

Arrival and Departure

Check-In:

Friday, August 4 at 7:00 p.m.

Check-Out:

Sunday, August 6 at 10:00 a.m.

Join us for Open House
on **June 25!**

Our camp must have a permit to operate and is inspected yearly by the Saint Lawrence County Department of Health. These inspection reports and required plans are filed with the health department and available for your review.

Final Payment is due June 21

Registrations with a balance due are subject to cancellation. Campers will not be allowed to attend their camp session with a balance due.

Payments can be made online through your Doubleknot account or over the phone with Customer Care.

Financial assistance is available, if needed.

Health Forms

Troop Leaders must have the below forms with them at Troop Core:

All Girls:

- Parent Permission Form
- Health History Form

All Adults:

- Health History Form

Blank Health History and Permission forms are found [here](#)

Our Mission:

Girl Scouting builds girls of courage, confidence and character, who make the world a better place.

Girl Scout Camp Goals

- At Girl Scout camp we provide opportunities for all campers to develop a sense of responsibility, qualities of leadership and an awareness of the capacities of all people.
- At Girl Scout camp we provide activities to all campers designed to develop resourcefulness, initiative, self-reliance, and recognition of the worth and dignity of each individual.
- Girl Scout Camp stimulates each camper's awareness of the scope of nature and develop a sense of responsibility for its conservation and its resources.



Diversity and Inclusion at Girl Scout Camp

Girl Scouts has a strong commitment to inclusion and diversity, and we embrace campers of all abilities and backgrounds into our wonderful sisterhood. Inclusion is at the core of who we are; it's about being a sister to every Girl Scout and celebrating our unique strengths. Girl Scouts welcomes all girls to our camps, regardless of race, ethnicity, background, disability, family structure, religious beliefs, sexual orientation, gender identity, and socioeconomic status. If a girl is recognized by her family, school and community as a girl and lives culturally as a girl, Girl Scouts is an organization that can serve her in a setting that is both emotionally and physically safe.

Health and Safety

The first concern of all camp staff is the health and safety of the campers. All staff members participate in pre-camp training to prepare them for the summer. Camp Trefoil is permitted by the New York State Department of Health in Saint Lawrence County and is inspected each year. Additionally Trefoil meets the health and safety requirements of GSUSA and the American Camp Association. A First Aider with CPR/AED certification is provided during this program.

Medications

Council policy will be followed; the full policy is available [here](#) on page 10. All medications (prescription and over-the-counter) must be in original container, with original label. OTC medications must be labeled with the individual's first and last name. The troop's designated volunteer will collect all medications from their troop members, verify the written order* from the health care provider along with the health history form, and rectify inconsistencies with the parent/guardian. Individual prescribed emergency medication (i.e. Epi-pens, asthma inhalers) should be carried by the individual. Medications will be stored in a locked area accessible only by the designated volunteer. Controlled substances (narcotics) and syringes will be double-locked (i.e. locked in a box, locked in a cabinet). All medication will be self-administered under the supervision of the designated volunteer. *Written order from a health care provider is required for all medications (prescription and OTC). Written orders MUST include: Patient's name and DOB; name of medication; dosage and route; frequency and time; date written; prescriber's name, title signature and telephone number; for as needed (PRN) medications, conditions for which they should be administered.

Dietary Needs

All meals are provided. It is our goal to ensure that every camper has an enjoyable experience while at camp. Please be sure any allergies or dietary restrictions are indicated on your registration so we can accommodate. Please contact the Camp Director as soon as possible to discuss any concerns you may have regarding diet accommodations while at camp.

Sleeping Arrangements

Troops will be assigned to a cabin unit or yurt at check-in. The yurt and all cabins have cots with mattresses—please bring your own bedding. You may be sharing a unit with another troop.

Activities

You will be provided with an activity schedule at check-in. Activities may include swimming, boating, archery, the high ropes course, crafts, and more. Sneakers are required for archery and the high ropes course.

Merchandise Pre-Order

[Pre-orders](#) for Camp Trefoil t-shirts and bundles are available until May 10.

You will receive your pre-ordered merchandise at check-in. Trading Post (the camp store) will also be open during check-in and check-out.



Additional Information

For more information, view the [Trefoil Troop Core FAQs](#) or [contact us](#).

Packing List

A well-prepared camper will have more fun at camp. **PLEASE LABEL EVERYTHING WITH YOUR CAMPER'S NAME.** Items should be packed in an easy-to-carry duffel bag or lightweight suitcase. Bins and foot lockers generally don't fit under the beds.

- Clothing appropriate for all weather
- Jacket or sweatshirt
- Warm pajamas (it can get chilly at night in the cabins)
- Rain gear
- Sneakers (sandals are allowed at the waterfront)
- Bathing suit
- Warm** sleeping bag/twin bedding, pillow, and a fitted sheet
- Toiletries
- Towel
- Sunscreen
- Hat
- Insect repellent
- Water bottle
- Flashlight or headlamp with fresh batteries
- Plastic bags for packing wet items
- White or light colored article of clothing for tie-dye (100% cotton works best)
- Small day pack



DO NOT BRING:

Valuables, weapons, illegal drugs, or alcohol.

To keep animals out, please do not bring any food or scented items into your sleeping area. If you would like to bring snacks, please contact the Camp Director to arrange to keep them in the kitchen.

Optional:

- SWAPs
- Water Shoes
- Camera
- Sunglasses
- Sit-Upon
- Shower shoes (flip flops)
- Stuffed animal

Lost and Found

Girl Scouts of NYPENN Pathways is not responsible for items lost or damaged at camp. All items must be marked with the camper's full name and all valuables must be left at home. Any items left at camp are only held until the end of the camp season. Please contact the Camp Director to make arrangements for picking up lost items prior to camp end.